VOWS E-BOOK

CREATE YOUR WEDDING VOWS WITH EASE



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From the Heart

A Fun & Easy Guide to Writing (Creating) Your Wedding Vows

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Don't Panic

You've got this! Get excited about your vows.

First things first, take a deep breath, in and out.

Writing your wedding vows might feel like a big task, but it's simply just about putting your love into words. You don't have to be a poet, a comedian, or a novelist. The only requirement is they should reflect you and the love you have for your partner.

If you're feeling overwhelmed, you're not alone. Many couples worry about getting it right. Here's the simple secret: there's no right or wrong way, only your way.

Don't think of it as writing your wedding vows, think of it as creating them. You can piece them together from a variety of sources and your own ideas and thoughts. There's no need to start with a blank screen or piece of paper!

You can start by reading **10 Tips for Writing Wedding Vows** on my blog, but there's so much more to come.

This guide is here to make the process easy, fun, and totally stress-free. Let's get started!



Vow Structure

A Simple Formula

Some people love structure, and some people like to wing it. If you're in the 'help, where do I start?' camp, here's a simple breakdown to guide you:

1.

Opening

A Personal Opening

Start with a sweet or funny statement. Example: 'I knew I loved you when…' or 'From the moment you tripped over your own feet on our first date, I knew you were the one.'

2.

Moments

Favourite Milestones

What have you loved or achieved together?

3.

Heart

The Heart Of It

Express why you love them. Example: 'You are my best friend, my safe place, and my greatest adventure.'

4.

Promises

The Promises

This is where you say 'I vow' or 'I promise.' They can be serious ('I promise to always stand by your side') or playful ('I promise to let you have the last slice of pizza… sometimes.')

5.

Closing

A Closing Sentiment

Finish strong with something short and memorable. Example: 'I love you today, tomorrow, and forever.' Or, 'I can't wait to see what the future brings in all its chaotic glory.'

Finding Your Inspiration

Without Overthinking It

So, how do you start writing (creating) your vows? Here are a few ways to get those ideas flowing:

Read what others have written: Get some inspiration!

Check out my Sample Wedding Vows Blog. These are vows from couples I have married, from short and sweet, right through to epic and detailed. So much goodness!

Look at your relationship: Think about your best moments together. What makes your love special?

Ask yourself simple questions, such as:

- When did you know they were 'the one'?
- What do they do that makes you smile every day?
- What's your favourite thing about them?
- Why do you want to spend the rest of your life with them?

Steal from pop culture: Find a movie quote, song lyric, or book passage that speaks to your love story. Example: 'You are my greatest adventure' (The Incredibles).

You can refer to my Famous Vows Blog for my ideas.

Use the 'Letter Trick': Pretend you're writing them a love letter. Start with 'Dear [Partner's Name]' and just write. Then, refine it into vows.

Writing Techniques to Keep It Real

A few simple techniques can help make your vows feel natural and authentic.

- **Be yourself**: If you're funny, be funny. If you're romantic, lean into it. If you're an awkward goofball, embrace it. Your vows should sound like you.
- **Keep it short & sweet (if that's who you are!):** Aim for about 1-2 minutes (roughly 150-250 words). Breather through the moment and you won't get too overwhelmed or emotional.
- **Make it EPIC (if that's who you are!):** Two pages of size 10 font? Sure, go for it! Make it a blockbuster Oscar-winning-type sentiment if your public speaking, emotions and confidence can handle it.
- **Speak like you talk:** Avoid overly formal language unless that's your natural style. 'I vow to be your biggest cheerleader' sounds more natural than 'I solemnly vow to uphold your honour and integrity.'
- **Use 'I' and 'You' often:** This keeps it personal and direct. Example: 'I love you because you make every day brighter.'

Run it through AI: Throw a draft in. Give AI some clear instructions; how you want to sound, a sample, words and phrases you'd like to include, what you'd like it to adjust and it can help you with ideas. Then, you can edit it to suit you.

Check out my AI-Supported Wedding Vows Blog

Avoid Common Vow Pitfalls

Even the best-intentioned vows can go off the rails. Here's what not to do.

- **No long lists of promises:** Keep it meaningful. Instead of 'I promise to wash the dishes, take out the trash, feed the dog, and fix the Wi-Fi…', that goes on forever, pick a few key promises that matter most.
- **Don't leave it until the last minute:** The last couple of weeks before your wedding can get crazy busy, and there might not be much time for vow writing.
- **Practice, but don't over-memorise:** You want to sound natural, unlike a robot reciting lines. Read from the vows slowly and smoothly.
- **Don't Copy and Paste from Google or AI:** It's great to get inspiration, but your vows should be your own and encapsulate your quirks and personality.

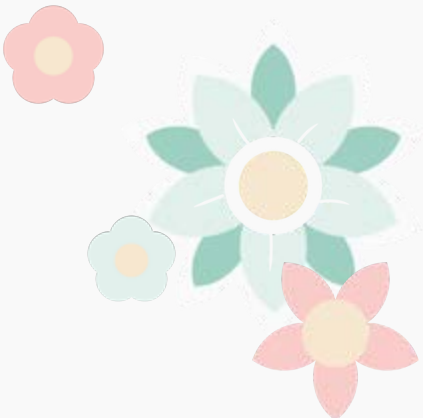


Final Touches:
How to Deliver Like a Pro

Once your vows are written,
it's time to think about delivery.

Here's how to make sure they land perfectly:

- **Print a copy:** I print this for my couples on card, spread out in a decent-sized font and ensure the legal component is included. Easy to read, no need to memorise.
- **Pause for impact:** Let your words breathe. This also helps prevent nervous rambling. There's no rush.
- **Eye contact is magic:** Look at your partner, not just your notes.
- **If you cry, you cry!** Happy tears are part of the magic. No shame in a few sniffles! And, if you are struggling to return from the tears, I'll throw in a quip, and you will be back on track before you know it after having your moment.
- **Microphone:** You can hold it or I can hold it for you, whatever feels right in the moment.





You're Ready to Rock Your Vows!

And that's it!

You're officially ready to write heartfelt, personal vows, that are totally you. Take your time, trust your instincts, and remember—your partner will love whatever you say because it's coming from you.

Now, go forth and vow like a pro!
Can't wait to hear them on your day.



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